



6510 Grand Teton Plaza, Suite 312
Madison, WI 53719

To: Wisconsin/Michigan Optometrists

From: Dr. Tim Frederiksen - Chair, Northwoods Education Event

Date: August 2013

20th Annual WOA Northwoods Education Event

October 11-12, 2013

Grand Pines Resort, Hayward

Are you looking for "unique CE in a unique setting?" Attend the 2013 Northwoods Education Event at Grand Pines Resort in Hayward, WI, and look no further. Grand Pines Resort is located on Round Lake, also the original home of Famous Dave's BBQ. The Hayward area offers many opportunities, including fishing, hunting, golfing, hiking, biking, shopping, and even gambling at a casino located just a few miles from the resort.

New this year, included in our stay will be the use of four deluxe pontoon boats to fish or cruise the lake in comfort. Also, complimentary guide service for two days provided by Mike Best Guide Service is offered. This can be used for novice fisherman or those without equipment as well as by seasoned fisherman who want to learn more about the lakes. To be fair to all interested, we will be gathering a list of those who want to take advantage of the guide service and will then try to split up the time.

Eight hours of quality continuing education are offered at this year's event. A lineup of four top-notch speakers will present excellent CE, including: Dr. Chris Buntrock of Chippewa Valley Eye Clinic in Eau Claire, WI, Dr. Michael Gross, Vice President and Chief Medical Officer of Physician Recommended Nutraceuticals in Plymouth Meeting, PA, Dr. Nikolaos Trichopoulos of Marshfield Clinic Wausau Eye Center, and Dr. Matthew Dahlgren of Eye Physicians and Surgeons in Elkhorn, WI.

Dr. Buntrock will kick things off on Friday morning with lectures covering Lasik and IOL, and the day will conclude with Dr. Michael Gross providing attendees information on how diet affects visual function. Saturday morning will feature an update on macular degeneration, diabetic retinopathy, and intraocular tumors from Dr. Nikolaos Trichopoulos, followed by Dr. Dahlgren, who will discuss short and long-term care of cornea transplants as well as Herpes Zoster Keratitis.

The education schedule will remain the same as in previous years, with Friday featuring early morning and early evening sessions and Saturday featuring a four-hour morning session. On Friday and Saturday, a continental breakfast will be served along with hors d'oeuvres during Friday evening's education session. Whether you like to fish, golf, or just enjoy a fall walk in the north woods, this unique WOA CE seminar is perfect for you.

Accommodations consist of 1, 2, or 3 bedroom cabins and motel rooms. The cabin rate is \$75 per night per person (each bedroom), and the motel room rate is \$69 per night. Deluxe cabins #28 and #29 are \$262.50 per night. You can request groups to be in the same cabin at your time of reservation. Most of the resort is held for this WOA event. Check out these nostalgic, yet modern accommodations, as well as the resort layout, at www.grandpines.com.

Please complete the enclosed registration form, and mail or fax it to the WOA. You can also register on line through the WOA website by using the following link: https://www.woa-eyes.org/event_registration?id=16 Call Grand Pines Resort right away for room reservations at (715) 462-4006, as the block will be released for public reservation on September 10, 2013. Be sure to mention you are with the Wisconsin Optometric Association event. Previous participants can attest to the quality and quantity of the fun that has been a part of this event for the past 19 years.

EDUCATION SCHEDULE

2013 Wisconsin Optometric Association Northwoods Education Event

Friday, October 11

7:00 a.m. - 9:00 a.m.

LASIK Complications in the All LASIK Era

Education – Dr. Chris Buntrock - (1 hour RS)

Lasik complications still occur intra operatively and postoperatively even with all laser Lasik. In this discussion topic, we will strive to identify patients preoperatively who may be at higher risk for complications and discuss guidelines for counseling them prior to surgery. In addition, we will discuss postoperative identification of complications and their management.

The Right IOL for My Patient: Tips in Counseling Patient Lens Choice

Education - Dr. Chris Buntrock - (1 hour RS)

The number of IOL choices available today and the number of permutations of IOL combinations are daunting, even for practitioners. Patients are often overwhelmed by this information and look toward their doctor to guide them. We will review aspects of ocular physiology and anatomy, IOL limitations, and refractive goals that will help patients achieve surgical results that maximize their chances of satisfaction.

6:00 p.m. - 8:00 p.m.

Omega 3s: Dry Eye and Decreased Visual Function

Education – Dr. Michael Gross - (2 hours AS)

This course will highlight the discourse between the American diet and what our bodies need to prevent sickness and inflammation. This course will speak of the benefits of fish oil in treating various anterior segment disorders such as dry eye, blepharitis, and meibomian gland dysfunction. There will also be discussion about the clinical application of the material presented for the prevention of worsening ocular surface disease.

Saturday, October 12

7:00 a.m. - 8:45 a.m.

Update on Macular Degeneration, Diabetic Retinopathy and Intraocular Tumors

Education – Dr. Nikolaos Trichopoulos - (2 hours PS)

This course will educate the audience about the risk factors, epidemiology, pathology, ancillary diagnostic testing, and latest treatments available for macular degeneration, diabetic retinopathy, and most common intraocular tumors in adults and children.

9:00 a.m. - 10:45 a.m.

Short and Long-Term Post-Operative Care of Cornea Transplants

Education – Dr. Matthew Dahlgren - (1 hour PO)

This course will review the different types of corneal transplants, review several case studies of common post-operative ocular problems related to corneal transplants, and contain in depth discussion on corneal transplant rejection types and treatment.

Herpes Zoster Keratitis

Education – Dr. Matthew Dahlgren - (1 hour SD)

This course will review clinical presentations of acute and chronic Herpes Zoster Keratitis and Ophthalmicus, discuss appropriate treatment management of Herpes Zoster Keratitis and Ophthalmicus, review vaccination therapy for prevention of Herpes Zoster, and contain differential diagnosis of Herpes Zoster.

SPEAKERS

Chris T. Buntrock, M.D.

Dr. Chris Buntrock of Chippewa Valley Eye Clinic in Eau Claire, WI brings a wealth of surgical experience to this year's Northwoods Education Event, having performed over 500 cataract surgeries per year from 2008-2011 as well as over 20,000 primary LASKIK and PRK procedures. Along with his expertise in cataract surgery and refraction, Dr. Buntrock's work as an ophthalmologist extends to oculoplastics, cornea, glaucoma, retina, and pediatric care.



After completing his undergraduate degree at UW-Madison in 1981 (he also attended the University of Notre Dame from 1977-79), Dr. Buntrock graduated from medical school at the Medical College of Wisconsin in 1986, where he also completed his residency in ophthalmology and served as Chief Resident. He was a part of Avera Marshall Southwest Ophthalmology in Marshall, MN for nine years before joining the Chippewa Valley Eye Clinic in March of 2013. Dr. Buntrock has practiced in Minnesota and South Dakota, and also in Wisconsin during his early career. He and his wife Clare have two children, their son Evan and daughter Laine.



Matthew A. Dahlgren, M.D.

Dr. Matthew Dahlgren of Eye Physicians and Surgeons in Elkhorn, WI earned pharmacology honors as top ten in class from the Medical College of Wisconsin, from which he graduated in 2001. Prior to attending medical school, Dr. Dahlgren graduated Summa Cum Laude with his B.S. in Chemistry and Biology from Valparaiso University (Indiana) in 1997. He has been a volunteer lecturer for the Medical College of Wisconsin's Ophthalmology Residency Program and was awarded a cornea and external diseases fellowship from the University of Minnesota. As an ophthalmology resident of the Cullen Eye Institute at the Baylor College of Medicine in Houston, Texas, Dr. Dahlgren was selected Chief Resident in Ophthalmology and received the Baylor College of

Medicine's House Officer Teaching Excellence Award as well as the Stephen N. Schindler Award, given to the resident who most embodies high ethical and humane standards.

Dr. Dahlgren maintains active memberships in the American Academy of Ophthalmology, the American Society of Cataract and Refractive Surgery, and the Wisconsin Academy of Ophthalmology, and is also the current President of the Milwaukee Ophthalmologic Society. He has written several research articles published in the *American Journal of Ophthalmology* and the *Journal of Pediatric Ophthalmology and Strabismus*.

Michael B. Gross, M.D., F.A.C.O.G.

A board-certified obstetrician/gynecologist, Dr. Michael Gross is the Vice President and Chief Medical Officer of Physician Recommended Nutraceuticals in Plymouth Meeting, PA. Dr. Gross received his B.A. and B.S. degrees and graduated Cum Laude from Dickinson College in Carlisle, PA in 1968 before going on to graduate from medical school at Temple University (Philadelphia) in 1973. In addition, he is a Diplomate of the American Board of Obstetrics and Gynecology and a Lifetime Fellow of the American College of Obstetricians and Gynecologists.



Dr. Gross received the Sy Lubin Award for outstanding contributions to obstetrics and gynecology while at Parkview Hospital in Philadelphia and in 1992, was inducted into the College of Physicians of Philadelphia, the oldest private medical society in the United States. He has worked in the Philadelphia area for 40 years and was also employed for several years at the Patuxent River Navy Base Hospital in Lexington Park, MD. Dr. Gross has most recently lectured in Philadelphia, Brooklyn, NY, and Aspen, CO.



Nikolaos Trichopoulos, M.D.

Trichopoulos Nikolaos, M.D., graduated from Aristotle University Medical School in Thessaloniki, Greece in 1998. He then completed a residency at the University of Cincinnati Medical Center's Department of Ophthalmology, where he received the Outstanding Resident Research Paper Award. Dr. Nikolaos became a Diplomate of the American Board of Ophthalmology in 2008 and was promoted to Active Fellow status during his first year of full membership in the American Academy of Ophthalmology (AAO). From 2009-2012, he was named amongst "America's Top Ophthalmologists" by the Consumer's Research Council of America.

Dr. Nikolaos currently practices at the Marshfield Clinic Wausau Eye Center, prior to which he was Clinical Assistant Professor of Retina and Ocular Oncology Service at the South Texas Veterans Health Care System and University of Texas Health Science Center in San Antonio, TX. He maintains membership in the American Academy of Ophthalmology, The Association for Research in Vision and Ophthalmology, the American Society of Retina Specialists, and the International Society of Ocular Oncology, amongst other organizations.

His work has been featured extensively in ophthalmic publications, and he has published alongside other notable ophthalmologists, including James J. Augsburger from the University of Cincinnati Department of Ophthalmology. At present, Dr. Nikolaos is a reviewer for the *International Journal of Radiation Oncology, Biology, and Physics*; *Clinical and Experimental Ophthalmology*, and the *European Journal of Ophthalmology*. He is currently involved in an ongoing study on "Erythropoietin and Cytokine Levels in the Vitreous Fluid of Patients with Progressive Stages of Diabetic Retinopathy." He has also given multiple presentations at various, significant venues over the course of his career. Dr. Nikolaos was born in Thessaloniki, Greece, and enjoys playing water polo during his free time.

WOA Northwoods Education Event

October 11-12, 2013

Deadline for Registration is October 1, 2013

Doctor's Name: _____ License #: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____ AOA ID # _____

Email Address: _____ OE Tracker #: _____

Guest Name(s): _____

Please indicate your registration preferences below:

- ◇ **WOA/AOA Member Registration Fee...\$160** (includes eight hours of continuing education, breakfasts, snacks and all entry fees for the fishing contests)
- ◇ **NON MEMBER Registration...\$480 each** (includes eight hours of continuing education, breakfasts, snacks and all entry fees for fishing contests)
- ◇ **Guest Registration...\$70 per person** (includes entry fees for fishing contests and snacks). Does NOT include education.
- ◇ **Fishing Guide Service** - No fee charged, but gratuity is expected
 Preferred Day: _____ Friday
 _____ Saturday

Total fees:

Member Seminar Registration: _____ @ \$160 = \$ _____

Non Member Seminar Registration: _____ @ \$480 = \$ _____

Number of Guests: _____ @ \$70 each = \$ _____

Total.....\$ _____

Send check and registration to the Wisconsin Optometric Association, or bill to your credit card:

(Circle One) MasterCard or Visa #: _____

Expiration date: _____ 3 Digit V Code: _____ Signature: _____

Street Address where CC bill is received: _____

Zip Code where CC bill is received: _____

Please return form to:

Wisconsin Optometric Association
 6510 Grand Teton Plaza, Suite 312
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 Phone: 608-824-2200